

Dear Friends,

As we welcome the New Year, we extend our warmest wishes to all members of the ophthalmic anaesthesia community. A new year brings renewed purpose, fresh perspectives, and an opportunity to reflect on the progress made while setting our sights on the challenges ahead. It is in this spirit that we present the current issue of the Indian Journal of Ophthalmic Anaesthesia, which continues to highlight clinically relevant, evidence-based, and practice-oriented contributions to this evolving subspecialty.

Paediatric ophthalmic anaesthesia is well represented with two randomized controlled trials evaluating intranasal dexmedetomidine. Both comparative studies on intranasal dexmedetomidine and midazolam, and dose-finding trials in day-care ophthalmic surgery, contribute robust evidence toward optimizing premedication and reducing emergence delirium—an outcome of great relevance to children, parents, and clinicians alike.

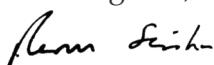
The article on “Challenges in Practising Ophthalmic Anaesthesia in a Stand-Alone Ophthalmic Set-Up” highlights real-world constraints faced by anaesthetists working outside tertiary care centres. It underscores issues of infrastructure, manpower, emergency preparedness, and patient safety, reminding us that high-quality anaesthesia must be achievable even in resource-limited settings through planning, protocols, and teamwork.

Airway management remains a cornerstone of safe anaesthesia practice, and the case report on “Navigating Airway Management in Adult Hurler’s Syndrome” addresses a rare but formidable challenge. The authors underscore the importance of meticulous preoperative planning, multidisciplinary collaboration, and the judicious use of airway techniques in patients with complex syndromic anatomy.

Finally, the thought-provoking review “Time to Switch to Sub-Tenon’s Anaesthesia—An Anaesthetist’s Boon” revisits a regional technique that offers excellent operating conditions, haemodynamic stability, and patient comfort, encouraging anaesthetists to reconsider its broader adoption.

As we step into the year ahead, our goals remain clear: to promote high-quality research, encourage innovation tailored to diverse practice settings, strengthen paediatric and regional anaesthesia practices, and foster a culture of patient safety and collaboration. We look forward to continued engagement from our readers and contributors as we collectively advance the science and art of ophthalmic anaesthesia in the coming year.

Warm regards,



Dr Renu Sinha

Editor-in-Chief

Indian Journal Of Ophthalmic Anaesthesia